

The 2022 End of Year Retreat will explore the balance in life between sabbath and ministry, between times of resting in God's presence and times of active work in the world. This requires a continuing focus on awareness, attentiveness and acceptance of the Inward Light. In this way we become more aware of God in our lives, and more responsive to God's guidance.



This retreat is an opportunity to prepare deeply for the year ahead and for whatever is being asked of you in your life journey.

The retreat will embody the daily rhythm at Silver Wattle with worship, study and community work. Each day ends with a period of evening prayer.

The morning study sessions will draw especially on writings of the first Quakers, including the biblical allusions, with opportunities for small and larger group sharing.

The afternoons will be personal time for rest, for working in community and for individual reflection or journaling. Simple questions will be provided each afternoon to stimulate your reflections.



David Johnson is a convinced Quaker of Conservative nature who is well versed in early Christian and early Quaker writings, finding in both the contemplative spiritualities that affirm the Inward Light within every one of us, and within the whole of creation. David has led retreats widely in Australia and overseas. His publications include: *Peace is a Struggle* (Backhouse Lecture 2005); *A Quaker Prayer Life* (2013); the *Workings of the Spirit of God Within* (2019); and *Surrendering into Silence - Quaker Prayer Cycles* (2020). He also has a short video on prayer at <https://www.youtube.com/watch?v=gZxGL2GQgZ0>

Trish Johnson has a background in psychology, yoga and mindfulness, working in professional practice for over 35 years. Her personal and professional approach includes using our senses, body and brain to focus intention and action. She has served as Convener of the Committee of Elders at Silver Wattle. David and Trish were Co-Directors of the Centre 2013-2014

Course cost includes all meals, lunch on final day. Transfers: Bungendore train station \$30 (SWQC cannot offer airport transfers) Register at <https://www.silverwattle.org.au/upcoming-courses>

If you are driving to Silver Wattle, see the website for directions. Some online maps are misleading. <https://www.silverwattle.org.au/directions>